# Prayer Warriors' Handbook Description and Directions:



**The** *Prayer Warriors' Handbook* is an intercessory prayer tool. This handbook is composed of three sections:

1. Promises to Claim: Claiming God's promises means repeating them back to him in prayer. It is a powerful way to begin a season of petition and intercession. Gospel Workers, p. 92 states: "It is the perfect trust, the firm reliance, the steady claiming of the promises of God, the simple faith that he is, and that he is a rewarder of all those who diligently seek him, that prevails with God."

To claim a promise in prayer, simply incorporate it into your prayer. Here is an example:

<u>Promise being claimed:</u> NIV Matthew 21:22 If you believe, you will receive whatever you ask for in prayer."

<u>Prayer Example:</u> Father, you have said You will give me what I ask for in prayer. I am confident that You will grant the requests I am bringing to You according to your promise.

Beginning your prayer time with God's promises brings courage, energy, enthusiasm, power, and effectiveness to a prayer session. Please feel free to write in other scripture references in the *Promises to Claim* section of your *Prayer Warrior's Handbook*.

2. **Passages to Pray:** This section includes various selections of Scripture for the Prayer Warrior to pray. Praying the scriptures gives focus and direction to our prayer time. If you are praying during a sermon or evangelistic presentation you can easily use the preacher's texts as a focus for prayer.

#### To pray the scriptures, follow these simple steps:

- a) Ask God for the Holy Spirit at the beginning of your scripture prayer session.
- b) Read the first verse of the scripture passage to yourself or aloud.
- c) Begin to pray, rephrasing the verse in your own words. The key is to use the Scripture as a compass to guide your prayer. Your prayer can be more than just rephrasing the verse. But, the rephrasing of the verse serves as a jump start to get your prayer going and keeps it focused. **Here's an example:**

<u>Prayer Passage:</u> NIV John 3:16 "For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life.

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<u>Prayer Example:</u> Father God, thank You for giving your son Jesus. Thank You for the promise that all who believe in Him may have eternal life. Father, fill the people who are here tonight with Your Holy Spirit. Move them to belief in Jesus. Fulfill this promise in their hearts and give them eternal life.

d) Repeat steps b) and c) until you have prayed through the entire passage.

Depending on how long your prayer time is, you may want to pray only one passage of scripture or a portion of a passage. If you have two or three people, you can easily spend 15 minutes praying through just 5-6 verses of scripture. If you have more time, you may want to pray through 2 or 3 passages.

3. **Petition and Intercession:** To petition God in prayer means to bring him our requests. **Here are some examples of petition and intercession:** 

#### **Petition examples:**

Father give us your Holy Spirit so we may pray effectively for those who have come to these meetings.

Father give us laborers for the harvest. Bring people in through these meetings who will help us to reach others.

#### **Intercession examples:**

Father open John's mind. Give him understanding as he listens to Your word. Father make His heart responsive to the promptings of Your Holy Spirit. Impress him to come forward when the call is made for people to surrender their hearts to Christ.

Father comfort Susan. She has been struggling with cancer for two years now. Give her peace of mind and complete confidence in You. And, according to Your will, I ask that You would heal her in Your time and Your way.

# Prayer Warriors' Handbook Thursday



### **Promises to Claim:**

Romans 8:26 In the same way, the Spirit helps us in our weakness. We do not know what we ought to pray for, but the Spirit himself intercedes for us with groans that words cannot express.

James 1:5 If any of you lacks wisdom, he should ask God, who gives generously to all without finding fault, and it will be given to him. <sup>6</sup> But when he asks, he must believe and not doubt, because he who doubts is like a wave of the sea, blown and tossed by the wind.

Philippians 4:6 Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. <sup>7</sup> And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

NIV Isaiah 40:28 Do you not know? Have you not heard? The LORD is the everlasting God, the Creator of the ends of the earth. He will not grow tired or weary, and his understanding no one can fathom. <sup>29</sup> He gives strength to the weary and increases the power of the weak. <sup>30</sup> Even youths grow tired and weary, and young men stumble and fall; <sup>31</sup> but those who hope in the LORD will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint.

## **Passages to Pray:**

Revelation 12:7-17 Psalm 139 Matthew 5:1-12 Jeremiah 31:31-40 Hebrews 11

# **Prayer Warriors' Handbook Friday**



### **Promises to Claim:**

NIV Matthew 21:22 If you believe, you will receive whatever you ask for in prayer."

Matthew 19:26 with God all things are possible."

Isaiah 41:10 So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand.

**Deuteronomy 33:27-29** <sup>27</sup> The eternal God is your refuge, and underneath are the everlasting arms. He will drive out your enemy before you, saying, 'Destroy him!' <sup>28</sup> So Israel will live in safety alone; Jacob's spring is secure in a land of grain and new wine, where the heavens drop dew. <sup>29</sup> Blessed are you, O Israel! Who is like you, a people saved by the LORD? He is your shield and helper and your glorious sword. Your enemies will cower before you, and you will trample down their high places."

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NIV **Jeremiah 31:3** The LORD appeared to us in the past, saying: "I have loved you with an everlasting love; I have drawn you with loving-kindness.

## **Passages to Pray:**

Psalm 19 Ephesians 6:10-20 Daniel 9:4-19 Acts 2:17-21 Psalm 2

## Prayer Warriors' Handbook Sabbath



#### **Promises to Claim:**

NKJ **Psalm 55:22** Cast your burden on the LORD, And He shall sustain you; He shall never permit the righteous to be moved.

I will give you rest. <sup>29</sup> Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. <sup>30</sup> For my yoke is easy and my burden is light."

1 Peter 5:7 Cast all your anxiety on him because he cares for you.

NIV 2 Peter 3:9 The Lord is not slow in keeping his promise, as some understand slowness. He is patient with you, not wanting anyone to perish, but everyone to come to repentance.

NIV **John 14:1** "Do not let your hearts be troubled. Trust in God; trust also in me. <sup>2</sup> In my Father's house are many rooms; if it were not so, I would have told you. I am going there to prepare a place for you. <sup>3</sup> And if I go and prepare a place for you, I will come back and take you to be with me that you also may be where I am.

**Luke 15:7** I tell you that in the same way there will be more rejoicing in heaven over one sinner who repents than over ninety-nine righteous persons who do not need to repent.

## **Passages to Pray:**

Exodus 20 Matthew 4:1-11 Zephaniah 3:14-20 Philippians 2:1-11 Ezekiel 36:22-38

# **Prayer Warriors' Handbook Monday**



### **Promises to Claim:**

NIV 1 Peter 1:3 Praise be to the God and Father of our Lord Jesus Christ! In his great mercy he has given us new birth into a living hope through the resurrection of Jesus Christ from the dead,

NIV **Ezekiel 36:26** I will give you a new heart and put a new spirit in you; I will remove from you your heart of stone and give you a heart of flesh. <sup>27</sup> And I will put my Spirit in you and move you to follow my decrees and be careful to keep my laws.

NIV 2 Corinthians 5:17 Therefore, if anyone is in Christ, he is a new creation; the old has gone, the new has come!

Romans 8:1 Therefore, there is now no condemnation for those who are in Christ Jesus, <sup>2</sup> because through Christ Jesus the law of the Spirit of life set me free from the law of sin and death.

Proverbs 3:5 Trust in the LORD with all your heart and lean not on your own understanding; <sup>6</sup> in all your ways acknowledge him, and he will make your paths straight.

NKJ Philippians 4:13 I can do all things through Christ who strengthens me.

## **Passages to Pray:**

Luke 15 Deut. 7:1-11 Galatians 4:1-7 Psalm 101 Colossians 3:1-1

# **Prayer Warriors' Handbook Tuesday**



### **Promises to Claim:**

NIV Genesis 15:6 Abram believed the LORD, and he credited it to him as righteousness.

**NKJ John 10:10** "The thief does not come except to steal, and to kill, and to destroy. I have come that they may have life, and that they may have *it* more abundantly.

NIV Romans 8:31 What, then, shall we say in response to this? If God is for us, who can be against us?

NIV Luke 19:10 For the Son of Man came to seek and to save what was lost."

NIV Ephesians 3:20 Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us, <sup>21</sup> to him be glory in the church and in Christ Jesus throughout all generations, for ever and ever! Amen.

**1 John 3:1** NKJ 1 John 3:1 Behold what manner of love the Father has bestowed on us, that we should be called children of God!

### **Passages to Pray:**

Psalm 37 Ephesians 1:15-23, 3:14-21 Isaiah 53 John 3 Psalm 30

# Prayer Warriors' Handbook Intercession & Petition:

